


records, family records
credit card co./numbers, stocks/bonds, immunization
social security cards, driver's license, bank accounts,
passports, insurance policies, deeds, recent tax returns,
tight plastic bag/container: birth/marriage certificates, will,
☐ Documents in fire proof safe (preferred) or water/air
☐ Extra set of car/house keys
☐ Change of clothing, shoes
☐ Garbage can (approx. 40 gallon) w/lid & plastic liners

Home



☐ Listen to radio for instructions:

(Local station)

☐ Create "safe room" (internal, no windows). Equip it
w/items on checklist according to personal preference.


☐ Turn off heat, a/c.

☐ Seal windows, vents, doors, fireplace damper,
dryer vent w/plastic & duct tape.

☐ Check utilities: electric, water, gas. Turn off main if
necessary. (To turn gas back on, consult professional.)


☐ Use emergency generator according to manufacturer
instructions. Store fuel outside in proper containers.

Shelter-in-Place



Crisis Checklist

PocketSmart®



Phone Numbers

POLICE _____

FIRE _____

AMBULANCE _____

HOSPITAL _____

POISON CONTROL _____

HEALTH DEPARTMENT _____

CITY EMERGENCY DEPT. _____


CO. EMERGENCY DEPT. _____

ELECTRIC CO. _____

GAS CO. _____

FAMILY CONTACT _____

WORK _____ SCHOOL _____



Home

(continued)

☐ Eating/cooking utensils/containers


☐ Needle, thread, safety pins

☐ Air mattress w/foot pump, bedding/sleeping bags

☐ Sanitation items: toilet: "Porta-Potty" or 5 gal. plastic can
with lid, trash can liners to fit, odorless sanitary liquid/tablets*,
"Bucket Potty Seat"*, toilet paper

☐ Cash (including change), credit card

☐ Entertainment: books, toys, games, crayons, pads, CD's,
"books on tape," CD/cassette player, radio, deck of cards



Health

☐ First aid kit (store bought or see list)

☐ Family/pet medications

☐ Vitamins/minerals

☐ Feminine hygiene supplies


☐ Waterless hand cleaner, pre-moistened towelettes, Sun
Shower®, towel, washcloths, soap

☐ Household chlorine bleach

☐ Baby/child/elderly supplies/medications

☐ Zip Lock® freezer bags (quart, gallon size)

☐ Extra medications/prescription glasses



Safety

☐ Flashlights w/plenty of extra batteries, light sticks*, LED
head lamp/flashlights

☐ Two radios: battery powered, solar/wind up

☐ Fire extinguisher (ABC type)

☐ Tools: hammer, variable-bit screwdriver, adjustable wrench,
Vice Grips®, pliers, knife, scissors, pliers, nails, screws, hooks

☐ Plastic sheeting, duct tape, towels to seal air gaps

☐ Emergency blankets*

☐ Survival manual*

☐ Map of area w/ your evacuation routes/schools highlighted.


☐ Waterproof matches, lighter

☐ Candles, battery operated lanterns

☐ Potassium iodide tablets (for radiation poisoning)

☐ Batteries for flashlights, lanterns, CD/cassette players, radio

☐ Safety suit (biological/chemical): Tyvek® painter's overalls
w/hood & booties, chemical-resistant gloves, full-face gas mask
(best) OR pesticide-rated respirator, tight-fitting, clear swim
goggles, ear plugs (okay). Seal open seams w/duct tape.



Food

(Rotate every 6 months. Mark date w/marker.)

☐ Dried & canned: fruits, vegetables, milk, juice, soup

☐ Grains, nuts, beef/turkey jerky, snacks, trail mix, granola
bars, high-energy bars

☐ Condiments (sugar, salt, pepper), herbs, spices

☐ Chicken/beef/vegetable bouillon cubes/powder

☐ Instant coffee, tea, hot chocolate

☐ Manual can opener

☐ Paper plates, cups, napkins, paper towels

☐ All propane/fuel stoves should *only* be used outdoors.

☐ Candle/"Sterno" (fondue pots) can be used indoors.

PocketSmart® Crisis Checklist is published as a free service to you by:

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Water

- ☐ **One gallon per person per day.** Two quarts drinking; two quarts cooking/cleaning. Fill bathtub for utilitarian use.
- ☐ **Use clean, sterilized plastic soda bottles or water containers.** Date and store in cool, dark area. Rotate often.
- ☐ **Emergency INDOOR water sources:** Hot water tank (With gas & electric off, open drain @ bottom of tank, turn off water intake valve; turn on a hot water faucet. *Make sure tank is filled from main water valve before turning back on.*) **Ice cubes, reservoir tank of toilet** (not bowl), **water pipes** (turn on faucet @ highest level; obtain water from faucet @ lowest level).
- ☐ **Disinfect water w/2-3 drops of regular household bleach per gallon.** Shake well & let sit for 30 minutes before using.



Pets

Shelter-in-Place:

- ☐ **Food** (low protein to reduce stool volume), **water, bowls**
- ☐ **Sanitation:** "Puppy Training Pads" (available @ pet store), garbage bags for refuse.
- ☐ **Bed, blankets, familiar toys, crate**

Evacuation:

- ☐ **Pet carrier or crate, ID, vaccination records, registration, food, water, medications, muzzle, leash**



First Aid Kit

- ☐ **Sterile bandages/gauze pads** (assorted sizes)
- ☐ **Hypoallergenic medical adhesive tape**
- ☐ **Triangular bandages** (3)
- ☐ **2" & 3" wide sterile roller bandages** (3 rolls each)
- ☐ **Scissors, tweezers, needle**
- ☐ **Sling, splint**
- ☐ **Potassium iodide** (for radiation poisoning)
- ☐ **Moistened towelettes**
- ☐ **Thermometer**
- ☐ **Tongue blades** (2)
- ☐ **Tube of petroleum jelly or other lubricant**
- ☐ **Safety pins** (assorted sizes)
- ☐ **Cleansing agent, antiseptic, peroxide, soap**
- ☐ **Latex gloves** (2 pair)
- ☐ **Sunscreen, lip balm**
- ☐ **Alcohol pads**
- ☐ **Polysporin® or other anti-bacterial salve**
- ☐ **Ace bandages**
- ☐ **Instant cold/instant hot packs**

Non-prescription drugs:

- ☐ **Aspirin or non-aspirin pain reliever**
- ☐ **Anti-diarrhea medication**
- ☐ **Antacid** (for stomach upset)
- ☐ **Syrup of Ipecac** (used to induce vomiting if advised by the Poison Control Center)
- ☐ **Laxative**
- ☐ **Activated charcoal** (use if advised by the Poison Control Center)
- ☐ **Cold/allergy medication**
- ☐ **Eye drops**



Evacuation

- ☐ **Listen to radio** for instructions about evacuation routes.
- ☐ **Coordinate with contact person** who lives far away from you to phone w/information. Give each person/ family member the phone number, including schools. Call contact person.
- ☐ **Get duplicate street maps** and coordinate w/family members your *personal* evacuation routes/modes of transportation (2 scenarios according to wind direction/ circumstances) from work/home (highlight these routes) to a meeting place in a safe area. Stay away from main routes.
- ☐ **Public shelters (no pets) may be set up in schools.**
- ☐ **Keep car gas tank ¾ full/"car kit" stocked and in car.**
- ☐ **Take protective clothing/additional water.**
- ☐ **Seal car vents w/duct tape.**



Car Kit

In water-tight plastic container or backpack:

- ☐ **Road maps** w/highlighted, pre-selected evacuation routes
- ☐ **Flashlight, batteries, light sticks*, LED head lamp**
- ☐ **First aid kit**
- ☐ **Cell phone, hand-held "walkie-talkies"**
- ☐ **Flares, jumper cables**
- ☐ **Emergency blanket***
- ☐ **Tube tent***
- ☐ **Light parka/rain gear, clothing, socks, shoes, hat**
- ☐ **Extra Zip Lock® freezer bags** (quart & gallon size)
- ☐ **Cash, change, credit card**
- ☐ **Pocket-sized survival manual***
- ☐ **Battery-powered radio w/extra batteries**
- ☐ **4 Zip Lock® freezer bags (gallon size) filled with:**
 - 1) Personal hygiene supplies: toilet paper, feminine supplies, soap, tissues, paper towels, towelettes, brush/comb, toothbrush, toothpaste, razor, shampoo
 - 2) Health supplies: multi-vitamins, energy bars, dried fruit, nuts, turkey/beef jerky, trail mix, dried juice, water, bleach
 - 3) Safety supplies: candle lantern*, whistle, waterproof matches, lighter, large piece of aluminum foil for cooking if necessary, string, compass, clothes pins, pocket knife
 - 4) Misc. supplies: pen/pencil, pad, extra batteries, multi-use tool/knife, glasses, scissors, sunglasses, deck of cards, needle/thread, book, metal pot for cooking
- ☐ **Copies of documents** (see "Home" section/list)
- ☐ **Plastic sheeting, duct tape for emergency shelter**
- ☐ **Travel-sized blanket, pillow**



Workplace

- ☐ **Know your employer's evacuation/shelter-in-place plans/contacts/routes.** Implement one if necessary.
- ☐ **Identify emergency exits in your building.**
- ☐ **Keep smaller container/backpack of supplies** (water, energy bars, flashlight, first aid kit).
- ☐ **Know public transportation available** (routes, times).
- ☐ **Coordinate evacuation plans w/family members.**

* Items available @ boating/camping/RV stores

Sources & websites:

redcross.org ready.gov preparedness.com
 iprepare.com areyouprepared.com fema.gov